

# NUTRITION COUNSELING

## For IQVIA Employees

Summerfield Dietitians are available for nutrition counseling virtually via Zoom!

Registered Dietitians can help you with:

Meal Planning

Nutrition Education

Digestive Health

Relationship with Food

Food Allergies & Sensitivities

Chronic Disease Management

Women's Health & Hormones

Weight Loss & Management

Healthy Lifestyle Choices

Nutrition services are covered  
100% by the Aetna Health Plan!

Schedule an appointment!

**[Click HERE for Online Sign Up](#)**

Contact us at:

919.442.8398

info@summerfieldcw.com



**SUMMERFIELD**  
CUSTOM WELLNESS