

# Outpatient Telehealth Dietitian Summerfield Custom Wellness



## Remote – based in North Carolina

Summerfield Custom Wellness is a nutrition counseling practice specializing in online nutrition services. Our mission is to inspire our patients with confidence and empower them with skills to become the healthy person they envision. Our vision is to create a shift in health consciousness where an individual's healthy choices come automatically and are in sync with their body's needs.

We are adding a Registered Dietitian to our team to deliver quality patient care in a telehealth setting. Summerfield dietitians help a wide range of patient populations with various symptoms and disease states. Our practice cultivates lasting relationships with our patients through motivational interviewing, facilitating behavior change, and providing customized nutrition education. This full-time position is expected to deliver approximately 23-25 patient contact hours per week.

## Qualifications & Skills

Candidates must reside in North Carolina and have a current North Carolina LDN license to be considered. Our ideal candidate is someone who:

- Has 2+ years of experience as a Registered Dietitian in an outpatient counseling setting.
- Is a self-starter with a friendly demeanor, eager to create rapport, and capable of retaining long-term client relationships.
- Approaches patients as individuals and creates action plans customized to individual patient needs, goals, preferences, budgets, and lifestyles.
- Demonstrates a passion for wellness, helps patients better their health, and has a strong interest or experience in integrative nutrition interventions.
- Has a high confidence level in counseling for general nutrition, weight loss/management, chronic disease management, complicated symptoms/disease states, meal planning, and navigating a patient's relationship with food.
- Leads with curiosity and seeks to understand the patient's experience before educating or offering recommendations.
- Employs motivational interviewing techniques to facilitate behavior change.
- Can work independently in a work-from-home setting while remaining an active communicator with the team and manager.
- Completes all documentation activities (charting, administrative tasks, etc.) within a defined deadline.

## Additional Details

- This is a full-time, salaried position with 40 working hours per week and a schedule that includes a minimum of two evenings per week until 7:00 pm.
- Interested candidates are encouraged to submit a resume and cover letter by email to [info@summerfieldcw.com](mailto:info@summerfieldcw.com).