

# Nutrition Counseling

FOR IQVIA EMPLOYEES

Summerfield Dietitians are available for nutrition counseling virtually via Zoom!

## Our Registered Dietitians can help you with:

Digestive Discomfort  
Food Allergies & Sensitivities  
Chronic Disease Management  
Women's Health & Hormones  
Relationship with Food  
Weight Loss & Management  
Meal Planning  
Nutrition Education  
Healthy Lifestyle Choices



## No cost, employee wellness benefit!

As part of your Aetna employee benefits package with IQVIA, **employees are eligible for 26 visits covered in full with no out-of-pocket cost!**

## Schedule an appointment!

Schedule via online sign-up or contacting our office

[Click HERE for Online Sign Up](#)

or

910.663.5166

or

info@summerfieldcw.com