

meal planning helper

WHAT INGREDIENTS ARE IN YOUR HOUSE?

<i>fridge</i>	<i>freezer</i>	<i>pantry</i>

WHAT MEALS OR PARTIAL MEALS CAN YOU MAKE WITH WHAT YOU HAVE?

<i>breakfast</i>	<i>lunch</i>	<i>dinner</i>

WHAT OTHER RECIPES WOULD YOU LIKE TO MAKE THIS WEEK?

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